



## **Grade 2: Saint Mark's Lions (7-8 years)**

\*Complete all mandatory requirements for Saint Matthew's Angels along with the following when joining as a Saint Mark's Lion:

### **Spiritual:**

1. Recite the Apostles' Creed, 7 Sacraments, and Act of Contrition from memory.
2. Explain in your own words to your Troop Captain or Patrol Lieutenant the difference between mortal sin, venial sin, and original sin.
3. Explain in your own words to your Troop Captain or Patrol Lieutenant how the Body and Blood of Christ, after the consecration, are different than normal bread and wine.
4. Make your First Confession. \*\*
5. Receive your First Holy Communion. \*\*

\*\* *Based on your diocesan guidelines.*

### **Physical:**

1. Learn how to throw a football and baseball.
2. Learn how to score a basket in basketball.
3. Learn how to dribble a soccer ball.
4. Record how high and far you can jump.
5. Learn how to Greco-Roman wrestle with your fellow cadets.
6. Swim 25 feet.
7. Tread water for 10 seconds.
8. Run 1 Kilometer (0.62 Miles).
9. Learn how much you weigh and keep track of your weight for one month through a weekly weigh-in at approximately the same time of day each week.
10. Learn the basic food groups.

### **Patriotic:**

1. Learn about the symbolism of your nation's flag.
2. Learn your nation's patriotic pledge.
3. Learn how to properly fold and store your national flag.
4. Participate in a flag ceremony for your troop or patrol.

**Manly Skills:**

1. Point out and name the following tools: Pliers, Crescent Wrench, Screwdriver, Bench Vise, Coping Saw, Drill Bit, Hammer, Hand Saw, Hand Drill, C-clamp, and Wood Plane.
2. Hammer a nail into a board (without bending it) and then remove the nail with the hammer's claw.
3. Show how to use pliers.
4. Know the difference between the Phillips head and flathead screwdrivers.
5. Help an adult prepare a meal on a grill outside.