



Grade 3: Saint Luke's Oxen or "Bulls" (8-9 years)

*Complete all mandatory requirements for Saint Matthew's Angels and Saint Mark's Lions along with the following when joining as a Saint Luke's Oxen:

Spiritual:

1. Explain in your own words to your Troop Captain or Patrol Lieutenant the difference between Heaven, Hell, and Purgatory.
2. Explain in your own words to your Troop Captain or Patrol Lieutenant how God is a Trinity of Divine Persons. *
3. Lead a decade of the Rosary for your family or patrol or troop. Announce the mystery, and then lead the Our Father, Hail Mary's, Glory Be, and O My Jesus (Fatima Prayer).

Physical:

1. Run 1 Mile (1.6 Kilometers) without stopping.
2. Do 20 consecutive push-ups. Keep training until you can do them consecutively.
3. Organize a push-ups competition in your neighborhood or with your patrol.
4. Organize a race in your neighborhood or with your patrol. Make rules so that the race is fair and find out who can run the fastest of all. Congratulate the winner to show an example of good sportsmanship.

Patriotic:

1. Discover if there are any saints from your nation or ethnicity. Learn his or her story and tell it to your family or patrol. Begin asking for the intercession of your national saints.
2. Name your state or nation's official bird, tree, and flower as applicable.
3. Describe your nation's flag. Are there any Christian symbols in it?

Family:

1. Organize a family fun night. Choose the food, location, activities, and games.
2. Learn the names of your grandparents and great-grandparents as known.
3. Go grocery shopping with a parent/guardian or other adult member of your family. Learn how to choose healthy fruits and vegetables.
4. Keep a record of how you spend money for 2 weeks.

Manly Skills:

1. Write a Thank You note for a gift you received.
2. Carve a piece of wood into something interesting.
3. Change a tire on a bicycle or help change a car tire with an adult.
4. Learn how to coil a rope and a garden hose.